

Chicken Schwarma Bowl Full	
Nutrition Facts	
Serving Size	1 Bowl
Calories	719
Total Fat	8 grams
Cholesterol	86 mg.
Sodium	666 mg.
Total Carbohydrate	110 mg.
Dietary Fiber	6 grams
Sugar	4 grams
Protein	40 grams
Vitamin D	0 mcg.
Calcium	233.26 mg.
Iron	6.86 mg.
Potassium	521.21 mg.
Vitamin A	0.16 mcg.
Vitamin C	3.21 mg.
Folate	31.50 mcgDFE

Chicken Schwarma Bowl Half	
Nutrition Facts	
Serving Size	1 Bowl
Calories	359.60
Total Fat	4.02 grams
Cholesterol	86 mg.
Sodium	332.80 mg.
Total Carbohydrate	110 mg.
Dietary Fiber	2.91 grams
Sugar	2.23 grams
Protein	20.24 grams
Vitamin D	0 mcg.
Calcium	116.63 mg.
Iron	3.43 mg.
Potassium	260.60 mg.
Vitamin A	0.08 mcg.
Vitamin C	1.61 mg.
Folate	15.75 mcgDFE

Ingredients

Jasmine rice, quinoa, romaine lettuce, cucumber, cherry tomato, red onion, feta cheese, italian marinated chicken, lemon dill sauce