

| Garlic Parmesan Wings 4 Piece |                 |
|-------------------------------|-----------------|
| Nutrition Facts               |                 |
| <b>Serving Size</b>           | <b>4 Wings</b>  |
| <b>Calories</b>               | <b>420</b>      |
| <b>Total Fat</b>              | <b>30 grams</b> |
| <b>Cholesterol</b>            | <b>190 mg.</b>  |
| <b>Sodium</b>                 | <b>702 mg.</b>  |
| <b>Total Carbohydrate</b>     | <b>4 mg.</b>    |
| Dietary Fiber                 | 0 grams         |
| Sugar                         | 0 grams         |
| <b>Protein</b>                | <b>32 grams</b> |
| Vitamin D                     | 0 mcg.          |
| Calcium                       | 8.1 mg.         |
| Iron                          | 1.5 mg.         |
| Potassium                     | 424.8 mg.       |
| Vitamin A                     | 0.0 mcg.        |
| Vitamin C                     | 0.0 mg.         |
| Folate                        | 0 mcgDFE        |

| Garlic Parmesan Wings 8 Piece |                 |
|-------------------------------|-----------------|
| Nutrition Facts               |                 |
| <b>Serving Size</b>           | <b>8 Wings</b>  |
| <b>Calories</b>               | <b>806</b>      |
| <b>Total Fat</b>              | <b>58 grams</b> |
| <b>Cholesterol</b>            | <b>375 mg.</b>  |
| <b>Sodium</b>                 | <b>1332 mg.</b> |
| <b>Total Carbohydrate</b>     | <b>8 mg.</b>    |
| Dietary Fiber                 | 0 grams         |
| Sugar                         | 0 grams         |
| <b>Protein</b>                | <b>62 grams</b> |
| Vitamin D                     | 0 mcg.          |
| Calcium                       | 11.27 mg.       |
| Iron                          | 2.97 mg.        |
| Potassium                     | 845.90 mg.      |
| Vitamin A                     | 0.02 mcg.       |
| Vitamin C                     | 0.03 mg.        |
| Folate                        | 0 mcgDFE        |

#### Ingredients

Wings, garlic parmesan sauce